

Sunday Service Online

DOAN & KOKYO

9:20am – Arrive in BWZ Zoom (722-532-8943)

9:29am – (*Zoom host/Domyo makes sure everyone is muted except doan*) Ring down (simplified, 7-ringdown-medium-soft-loud)

9:30am – Begin zazen with three bells. Sit for a minute or so, then hit clappers and lead robe verse:

□ Dai sai gedap-puku	How great, the robe of liberation,
musō fuku den e	a formless field of benefaction!
hi bu nyorai kyo	Wrapping ourselves in buddha’s teaching,
ko do shoshu jo	we free all living beings.

9:35 – End Zazen with two bells. Announce: **“Chanting service. Please keep yourself muted during chanting. You may now rise for three bows, or do seated bows.”**

Ringdown for three bows

After bows – Announce **“A copy of the chanting service is available on the website for printing. If you have the full chant book, turn to page A-2. You may want to face your altar.”**



From this point on, follow the doan’s instructions for Full Morning Service A, except that when you say the page numbers, say the numbers are for the full chant book.



When service is over, after final bows, announce: **“zazen”** (*Skip the final bells for doshi bows*)

TIMEKEEPER

10am – Ring bell (3x) to begin zazen (*Zoom host/Domyo makes sure everyone is muted except timekeeper*)

After ringing bell, mute yourself (*if you're unmuted, you generate a lot of noise just moving around and breathing!*)

10:25 – Unmute yourself right before ringing the bell once. Announce “**kinhin, slow walking meditation,**” give people a few moments to get up

Begin kinhin with three bells, then mute yourself

10:35 – Unmute yourself, End kinhin (three bells), announce “**zazen**”

Give people a few minutes to sit down, start zazen with three bells, mute yourself

11am – Unmute yourself, End Zazen with three bells.

DOMYO

Immediately after zazen, welcome people. Explain people will be broken into groups of 5-6 and are welcome to chat or take a break until 11:15 – explain how to unmute, and say that breakout rooms will end by themselves

11:15 – Welcome, greet each person on the call by name; if not clear who it is, say person is welcome to unmute themselves to say who they are if they want

Announcements

Talk

After talk, explain Q&A, type your name into the chat if you want to ask a question or say something

12:15 - End with verse:

Abiding in this ephemeral world like a lotus in muddy water,

The mind is pure and goes beyond, this we bow to Buddha.

- All buddhas throughout space and time,
- All honored ones, bodhisattvas, mahasattvas,
- Wisdom beyond wisdom, maha prajna paramita